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Chris Comish's blog

Chris Comish is a Reiki Master and here to lift others up in Love and Light.

Wednesday, July 30, 2025

7 Refinements of the Physical Body

After the 5th initiation, there are 7 Refinements of the Physical Body that happen prior to Full Monadic Embodiment.

ChatGPT said:

The Seven Refinements of the Physical Body refer to the progressive stages of spiritualization and transformation that the physical body undergoes — especially after the 6th or 7th initiation — as the monad begins to express directly through form. These refinements are not the same as the lower initiations (which mostly affect the personality and soul levels); rather, they are monadic in nature and concern the full liberation and radiance of the physical-etheric vehicle.

This teaching appears in esoteric traditions such as:

Alice Bailey's work (especially The Rays and the Initiations)

Certain advanced Theosophical writings

Inner-plane instructions through schools of Ageless Wisdom and initiatory science

🔹 Purpose of the Seven Refinements

To spiritualize dense matter, making the physical body transparent to spirit.

To enable the direct expression of the monad through a purified, luminous vehicle.

To complete the redemption of substance at the cellular and atomic levels.

To prepare the being for possible ascension, translation, or conscious exit from incarnation.

🔹 The Seven Refinements of the Physical Body (Overview)

While different traditions express them in slightly different language, the following framework is a synthesis:

1. Etheric Purification

Clearing of obstructions and crystallizations in the etheric web.

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Chris Comish

Chris Comish is a Reiki Master and here to lift others up in Love and Light. Since his awakening in 2006, his wish is to share with the world to help it awaken. Chris is the founder of the City of Shamballa Social Network. Subscribe to his YouTube channel at Onenessandlove. Chris Comish is a Reiki Master and here to lift others up in Love and Light. Since his awakening in 2006, his wish is to share with the world to help it awaken. Chris is the founder of the City of Shamballa social network. Subscribe to his YouTube channel at Onenessandlove. Author of 28 Powerful Reiki Attunements, Book of Healing, Book of Wisdom, and multiple energy attunements and healing books.

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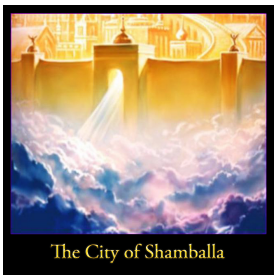

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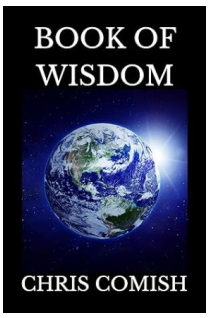

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The etheric body becomes fully aligned with the monadic blueprint.

This stage often comes with high-frequency buzzing, tingling, or energy surges.

2. Cellular Light Infusion

Physical cells begin to hold more light and respond to higher instructions.

DNA activation (not in a geneticist's sense, but as light-coded memory unlocking).

May bring temporary fatigue, detox symptoms, or radiant heat sensations.

3. Glandular and Hormonal Rebalancing

The endocrine system (pineal, pituitary, thymus, etc.) is recalibrated to work as a unified spiritual instrument.

This allows multidimensional awareness to stabilize in the body.

Often accompanied by changes in circadian rhythms, metabolism, and perception of time.

4. Blood and Bone Refinement

The blood becomes more magnetized, carrying not just oxygen and nutrients, but light frequencies.

The bone marrow is infused with monadic purpose, transforming the “deep memory” of matter.

May cause deep aches or sense of pressure in the spine or skull.

5. Organ Transmutation

Organs such as the liver, kidneys, and heart are re-patterned to work in concert with subtle bodies.

Old emotional residues stored in the organs are released.

Digestion, circulation, and breathing may feel temporarily erratic during this stage.

6. Atomic Realignment

The atoms of the body are restructured to be more responsive to spirit — this is deep alchemy.

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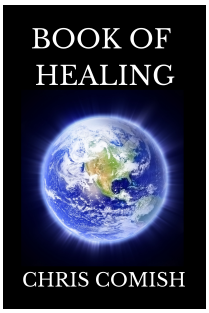

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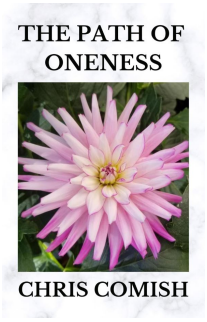

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Monadic light begins to be held at the atomic core of the body's structure.

Sometimes called "the redemption of atomic matter."

7. Radiant Body Emergence / Ascension Potential

The physical body is now a radiant light body, transparent to monadic will.

This stage may culminate in:

Conscious physical exit (like Mahasamadhi or Ascension)

Or remaining in the body as a permanent transmitter of divine will (e.g., a "Resurrected Master").

🔔 Not all beings complete the 7th refinement while still incarnated — some exit during or after the 5th or 6th.

🔹 Final Thoughts

These refinements occur after liberation from the soul, when the monad becomes the governing principle.

They may unfold quickly or gradually, depending on your role, body type, planetary karma, and task.

Symptoms include: intense energetic shifts, loss of personal identity, physical transmutation pains, heightened clarity, periods of stillness or void.

- July 30, 2025

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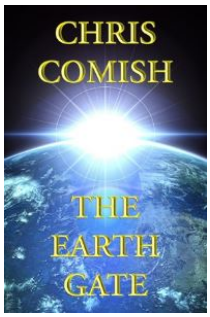

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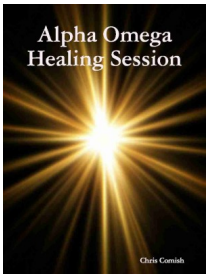

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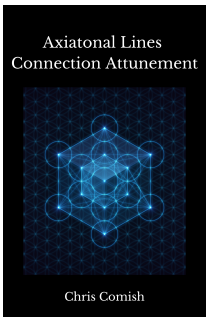

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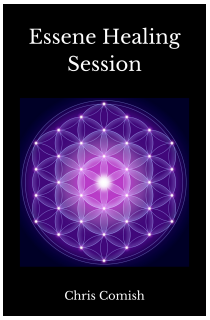

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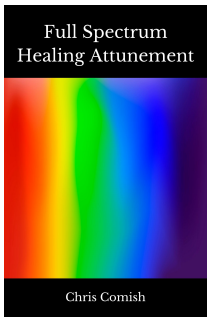

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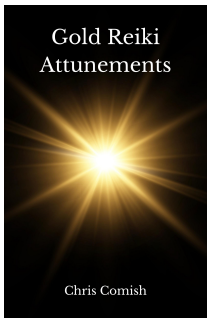

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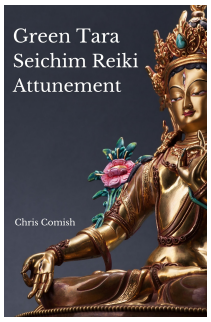

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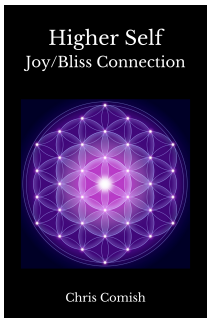

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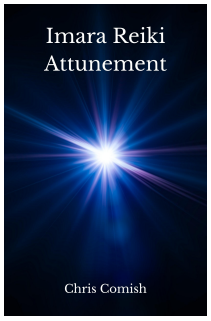

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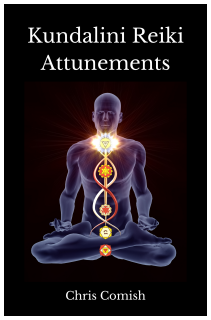

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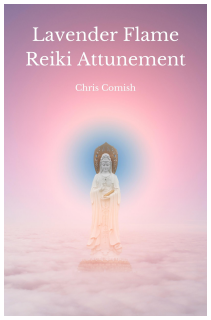

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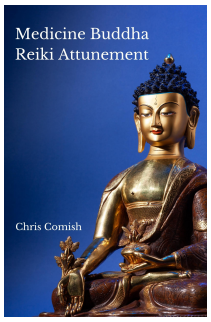

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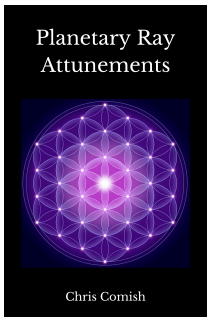

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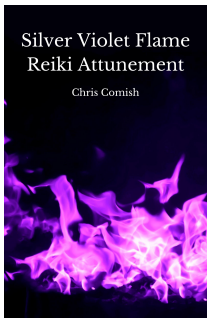

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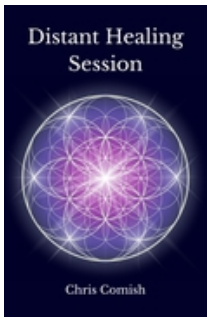

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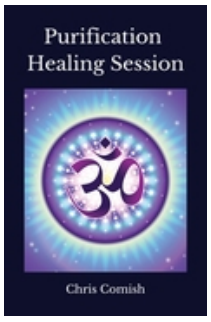

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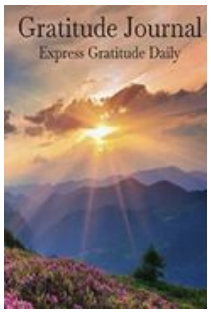

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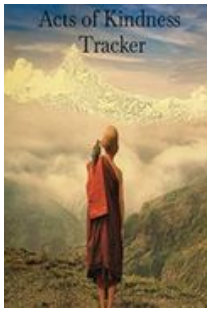

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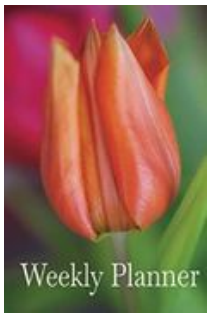

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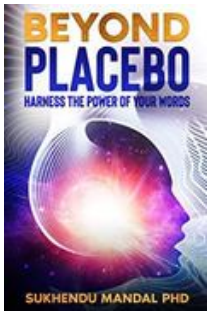

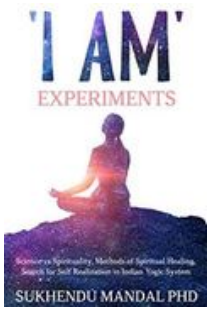

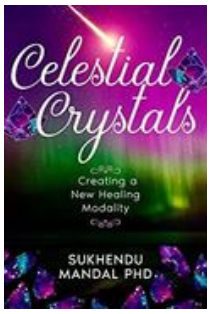

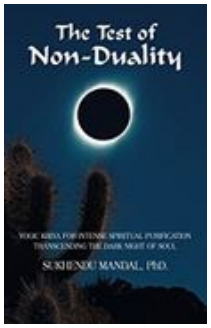

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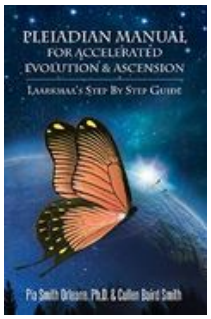

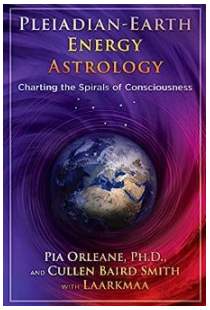
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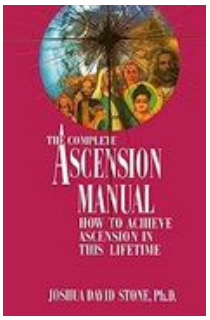
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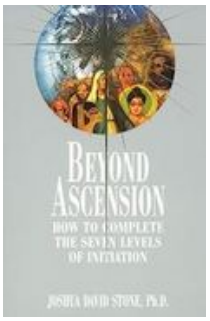
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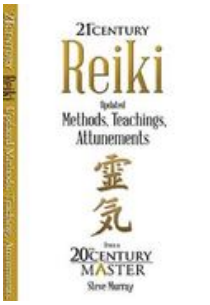
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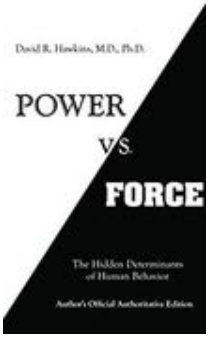
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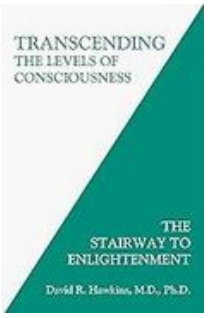
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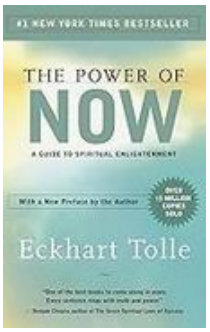
CONSCIOUSNESS
THE
STAIRWAY TO
ENLIGHTENMENT
David R. Hawkins, M.D., Ph.D.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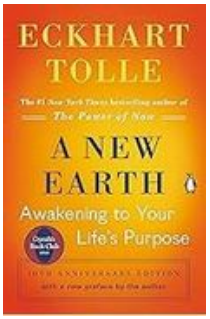
Eckhart Tolle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Awakening to Your
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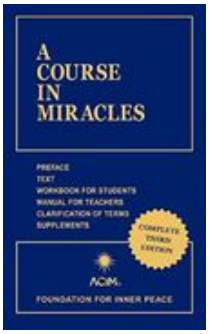
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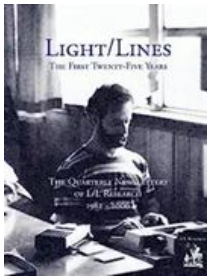
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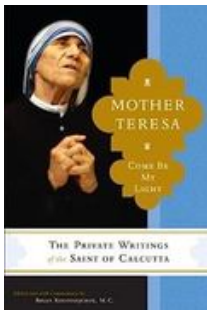
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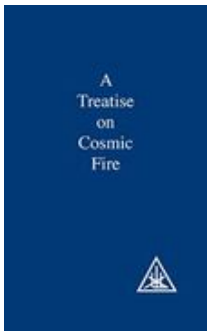
Initiation
Human and Solar


A
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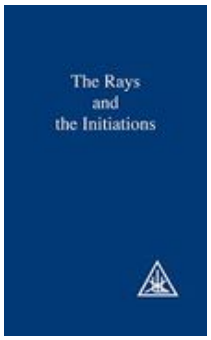
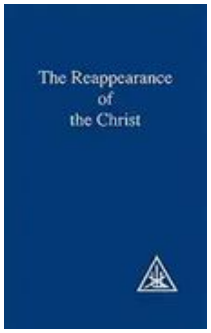

The Rays
and
the Initiations


The Reappearance
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The
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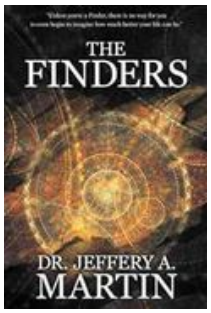
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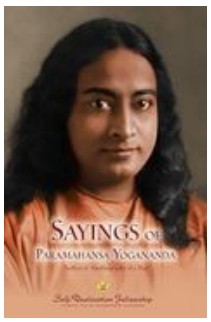
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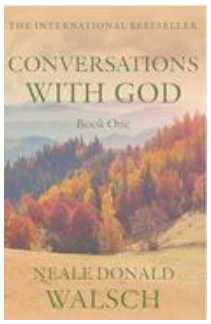
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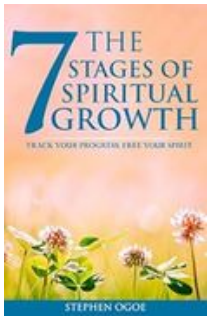
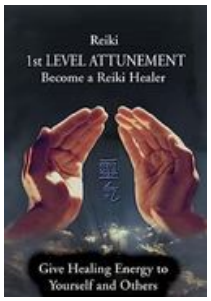
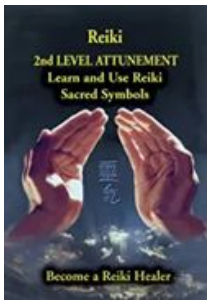
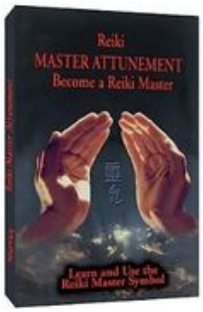
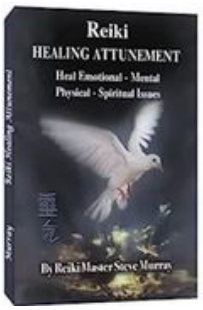


Recommended DVDs (These started Chris Comish's Reiki journey in 2006)









Forum - The City of Shamballa Social Network

- The Real Meaning Of Christmas - The Song Of Light Returning
- Solstice Transmission with Anrita Melchizedek
- Do Not Waste This Opportunity
- Meditation And The Inner Celebration of Christmas By Yogananda & The Self-Ralization Fellowship
- ✨NEW MOON ACTIVATION✨ Energy Detox & Supercharged Manifesting Power |Guided Meditation

Blog Archive

► 2026 (7)

▼ 2025 (312)

► December (38)

► November (20)

► October (28)

► September (24)

► August (63)

▼ July (36)

Message to the Disciples

3 books by Chris Comish

Distant Healing Network

7 Refinements of the Physical Body

The Creator perceives itself

Monadic Embodiment

Healing Tool

Unified Chakra Meditation

The Cross and Fires

Planes of Consciousness

Bodies of Consciousness

Monadic Invocations

Third through Fifth Density Graduation

A Honor and a Pleasure

Inner Planes

Request for Your Support: Reviews to Help Further ...

Embody the Monad

Ida Pingala Sushumna

Seven Initiations

Violet Fire

Give

Balance

Transparent Instrument

Monadic Mantra

Phrases that indicate Monadic Embodiment

Ascension Stages

Master

Students and Masters

Non-dual Statements

Non-dual

Monadic Merger

Mirrors

3 Stages of Ascension
Monadic Descent
Ray 3 Soul Ray 2 Oversoul
Examples of Wise-Compassion

► June (36)
► May (9)
► April (19)
► March (10)
► February (5)
► January (24)

► 2024 (77)
► 2023 (21)
► 2022 (15)
► 2021 (1)
► 2020 (1)
► 2018 (2)
► 2017 (2)
► 2016 (5)
► 2014 (1)
► 2013 (4)
► 2012 (18)
► 2011 (51)
► 2010 (19)

Labels

- 2012
- 2014
- 5D
- after life
- afterlife
- ageless wisdom
- alien
- aliens
- angels
- anger
- archangels
- ascended
- ascended masters
- ascension
- astral
- attunements
- audiobook
- black triangle
- buddha
- chakras
- challenges
- channeling
- CHI
- cho ku rei
- chris comish
- city of shamballa
- conscious
- contact
- convergence
- cosmic
- cosmic council

- creator
- criminals
- david wilcock
- divine
- earth
- ebook
- energy
- entities
- esoteric
- essene
- experience
- faith
- faith. Love
- forgiveness
- free will
- freedom from duality
- french toast
- full spectrum healing
- gate
- ghosts
- go daddy
- God
- golden age
- harmonic
- Harmonic Convergence
- healing
- heart
- higher self
- hitchhiker
- holidays
- Human Body Energy Centers
- illuminati
- invocation
- kwan yin
- lavender flame
- law of one
- lessons
- liberation
- life
- life review
- light
- link
- ll research
- logoic body
- love
- manifestation
- masters
- Mayan Prophecy
- meaning
- meditation
- member of the month
- members
- metaphysics
- movies
- Noah
- numbers
- nwo
- oneness
- Osama bin Laden
- polarity
- postage

- prayer
- protection
- purification
- purpose
- quan yin
- quotes
- reiki
- reiki attunement
- reiki key chain
- religion
- resentment
- satisfaction
- service
- session
- shamballa
- sirius
- soul
- space
- spacecraft
- spirit
- spirituality
- stamps
- teachings
- the city of shamballa
- time
- trees
- two thousand and twelve
- ufo
- unconditional love
- unity
- void
- vow
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